

TRADITIONAL  
*Qi*energy

QI GONG & TAI CHI  
INSTITUTE AUSTRALIA



# DO SUN SEX THERAPY QI GONG

## DO SUN SEX THERAPY QI GONG WORKSHOP

**A good sex life brings harmony to a relationship**

Both physical and psychological things can stop our sex lives being all they can be.

DoSun Sex Therapy Health Qi Gong works on both the physical and psychological level to improve the sex life.

All drives, including the sex drive, have to do with vital mental and physical energy (Qi).

Qi Gong helps strengthen and smooth the flow of Qi and balance the Yin-Yang Qi movements in the body.

This workshop will include practical Qi Gong exercises as well as the theory behind them.

**When:** Saturday 21<sup>st</sup> Jan. 2012 3pm - 5pm

**Where:** Mosman Evening College,  
Level 1, 678-680 Military Rd,  
Spit Junction

**Cost:** \$66

**Book:** (02) 9909 2424 ... 0411 203 244  
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