

Our Instructor



Chris Futcher-Coles

- Senior Educator for the Sydney Self Defence Centre.
- Shifu with 35 years experience in the Internal Kung Fu Style 'Yi Quan', has also studied Taijiquan, Bagua, XingYi, Qigong, Karate and Boxing

For your convenience:

- You can take the terms in any order
- You can begin with any term
- Student repeating a term receive a 30% discount

Traditional Qi Pty Ltd

Qi Gong & Tai Chi Institute Australia

ABN 71 137 925 270

2 / 5-13 Belgrave St,

Cremorne NSW 2090

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Qi Gong & Tai Chi Institute Australia Teachers Course

QI GONG & TAI CHI
INSTITUTE AUSTRALIA

Teachers Course

Become a **qualified teacher** of Tai Chi and Health Qi Gong.

There is a great need for well qualified teachers of Tai Chi and Health Qi Gong who can share the wisdom of these ancient traditions in the community.

Tai Chi and Health Qi Gong philosophies & practices can transform lives, nurturing mental and physical health and bringing harmony and balance.

Achieve an advanced knowledge of Tai Chi, Health Qi Gong and Yin and Yang philosophies. Course Content is practical and theoretical.

Practiced by millions for thousands of years, Qi Gong & Tai Chi are becoming more and more **popular throughout the world.**

Our Principal and Instructor



Angela Tian Zhu

- Qi Gong/Tai Chi Instructor accredited by Australian Kung Fu Wu Shu Federation Inc.
- Third-generation practitioner of Traditional Chinese Medicine

Our Patron



Professor Ai Jun Niu

- Professor and senior researcher at Guang Zhou & Zhong Shan University
- Highest national coach of Tai Chi and Qi Gong in China

Certificate 1: 6 Feb – 31 Mar 2012

Forms:

- Tai Chi Qi Gong Shibashi
- Ba Duan Jin (8 pieces of brocade)
- Theory and Practice

Certificate 2: 30 Apr – 23 Jun 2012

Forms:

- Yi Jin Jing
- Wu Qin Xi
- Theory and Practice

Certificate 3: 23 Jul – 15 Sep 2012

Forms:

- Fragrant Qi Gong
- DoSun Fabulous Abs Qi Gong
- Theory and Practice

Certificate 4: 15 Oct – 8 Dec 2012

Forms:

- Tai Chi 24 Shi
- Theory and Practice

Available Online

All certificates can be completed online, with coursework delivered by post or email, and one-on-one instruction online via Skype

Course Details:

Location: City Healing Centre, Mezzanine Level,
99 Bathurst St, Sydney, NSW 2000

Times: Thursdays 6:00pm – 8:00pm
Saturdays 9:30am – 12:30pm

4 terms, 8 weeks/term: total 160 hours.

Two weekends retreats will be arranged

The cost of retreats is not part of the course fee.

*Teachers Course Students get **\$50 discount** on each retreat.*

- Daily practice will be a part of our life style

To complete the course:

- **Complete 4 terms / 160 hours and two retreats**
- **Daily practice**
- **Examination for forms' exercise**
- **Examination for theory**
- **10 hours teaching experience**

Payment options

- Per term: \$1600 (Incl. GST)
- Per term (online): \$3200 (Incl. GST)
- **Part payments** are available.
No interest charges – (conditions apply)
- **10% discount for complementary medicine practitioners and students**

Payment methods

- Credit Card • Bank Transfer • Cheque

Contact

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