



Smooth and soften your skin from the inside to the outside, using Qi!

We will show you how to do Energy **Qi pressure point massage** and how to make a **mask with all natural ingredients!** You will try this with us tonight, not on your face but on one of your hands! You will be very surprised with the result!

We will also tell you what to eat and what to avoid to **achieve great and young looking skin.**

Do your skin a favour and book yourself in!

FACIAL BEAUTY

WORKSHOP