

Great Chance to Learn Qi Gong from Prof. Niu

Time of Program: 8th -28th of August, 2011(Possible timetable changes will be announced)



Traditional Qi Patron
Prof. Ai Jun Niu

- Professor at Guang Zhou Sport University
- Member of China Health Qi Gong Association
- China's highest Coach of Health Qi Gong
- Senior Researcher Zhong Shan University
- Ph.D. in History
- Wrote more than 40 books including teaching material
- Taught all over the world

Tai Chi Weekend Retreat

When: 19th, 20th 21st of August, 2011

Where: Apollo Resort Wamberal, 871 Central Coast Highway, Wamberal, NSW.

What: Qi Gong, Tai Chi, Qi (Energy) Theory

Cost: \$450

Include:

- Classes with Niu
- 2 breakfast
- Twin share room
- Conference room for teaching
- Linens

Note: Meals are not included.

Eat at Restaurant or outside

Qi Gong Seminar

When: 14th and 28th of August

Time: 10am- 1pm

Where:

Sydney Secondary College, Balmain Campus (Terry Street, Rozelle)

What:

14th August: 8 pieces Brocade
28th August: Five Animals Qi Gong

For Booking

Contact Us:

Level 13, 97-99 Bathurst Street,

Telephone: 02 9266 0966

Email: info@traditionalqi.com

www.traditionalqi.com

Regular Classes

When: 8th - 28th of August

Time:

Daytime:

Monday to Friday: 12:30pm-1:15pm

After work time:

Thursday: 6pm- 8pm (2 Lessons)

Monday, Tuesday, Wednesday,

Friday: 5:30pm-6:30pm

Where: Traditional Qi

What:

- 8 pieces Brocade
- Five Animals Qi Gong
- Do Sun
- Tai Chi

Cost: \$20/ Lesson

Private Classes are available:
\$120/Hour